

MASTER OF SCIENCE (PHYSICAL EDUCATION) PROGRAMME

1. ENTRY REQUIREMENTS

- i. The minimum entry requirements for Kenyatta University shall apply.
- ii. Candidates should be holders of a Bachelor's Degree in Physical Education, Sports /Exercise Science, or Recreation Management from a recognized and accredited University.
- iii. Candidates should have attained a minimum of Second Class Honors (Lower Division).
- iv. A Post graduate Diploma in Physical Education from Kenyatta University or any other recognized University may be considered.
- v. Candidates with a Minor in Physical Education at Bachelors level will be required to take a Postgraduate Diploma in Physical Education course as a bridging course before admission into a Masters degree.

2. DEGREE STRUCTURE

The duration of the course will be a minimum of two academic years constituting two semesters of coursework where a student will undertake seven (7) core units and five (5) elective units, and one year for thesis writing. The five (5) elective units will be offered as per the cluster on offer at a given time.

YEAR ONE							
CORE UNITS				Semester		Contact hours	Clusters
Course Code	Course Title	1	2				
HCU 800	Research Methods (School Unit)	*				35	
HCU 801	Statistics (School Unit)	*				35	
HPE 802	Legal and Ethical Issues in Physical Education and Sports	*				35	
HPE 827	Physiology of Exercise for Physical Education	*				35	
HPE 828	Didactics and Methods of a Selected Sport	*				35	
HPE 829	Curriculum Development in Physical Education		*			35	
HPE 830	Physical Education and Sports for Special Population	*				35	
ELECTIVES (ANY FIVE)							
HPE 831	Sociology of Sports		*			35	A
HPE 808	Comparative Physical Education		*			35	A
HPE 832	Learning of Motor Skills		*			35	B
HPE 833	Psychology of Physical Education and Sports		*			35	B
HPE 834	Ergogenic and Ergolitic Aids in Sports		*			35	B
HPE 835	Administration and Marketing of Physical Education and Sports		*			35	A

HPE 836	Human and Industrial Relations in Physical Education and Sports		*	35	A
HPE 837	Management of Equipment and Facilities in Physical Education and Sports		*	35	A & B
HPE 838	Physical Education and Health Promotion		*	35	B
HPE 839	Diagnosis and Adaptation Techniques for Disabilities		*	35	C
HPE 840	Psychology of Disability /Impairment		*	35	C
HPE 841	Physical Education and Sports for People with Physical Disabilities		*	35	C
HPE 842	Physical Education and Sports for People with Visual and Hearing Disabilities		*	35	C
HPE 843	Physical Education and Sports for People with Intellectual Disabilities (NEW)		*	35	C
YEAR TWO					
HPE 844	Thesis				

**Clusters A: Behavioural Change Units, B: Human Performance Units, C: Adapted Physical Activity Units*