

JULIAH WAMBUI GITHANG'A

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Marital Status: Married

Citizenship: Kenyan

Language Proficiency: English, Swahili and Kikuyu

VISION

To assist learners to grow and develop physically, cognitively, spiritually and effectively.

MISSION

To guide learners in acquisition of skill and values that would help develop into more responsible and self-reliant persons.

SPECIALIZATION

Sport Psychology
Gerontology and Physical Activity
Sport Pedagogy
Exercise Physiology

EDUCATION BACKGROUND

2013-2017:	Doctor of Philosophy Physical and Health Education Applied Human Sciences Kenyatta University
2005-2008:	Masters Degree Physical and Health Education Applied Health Sciences Kenyatta University
2001-2004:	Bachelor of Education (Arts) Degree English and Physical Education Kenyatta University Second Class Honors – Upper Division
2000:	Egerton University Computer Applications Course Certificate
1996-1999:	Kambala Secondary School KCSE B Plain
1988-1995:	Kenana Primary School KCPE 410 Marks

PROFESSIONAL QUALIFICATIONS

- 2017:** Doctor of Philosophy
- 2015:** Certificate: Human Physiology Labs
- 2014:** Certificate: Module Writing
- 2013:** Certificate: Mainstreaming HIV/AIDs into University Curriculum
- 2012:** Certificate: Exam Setting and Moderation in University
- 2005-2008:** Master of Science
- 2001-2004:** Bachelor of Education
- 2000:** Certificate; Computer Applications Course

WORK EXPERIENCE

- 2018:** Lecturer
Department of Physical and Health Education
Kenyatta University
- 2013 - 2017:** Assistant Lecturer/Tutorial Fellow
Department of Physical and Health Education
Kenyatta University
- 2009 – 2013:** Kenyatta University
Part time lecturer
Department of Exercise Recreation and Sports
Science
- Daystar University
Health, First Aid and Physical Fitness
Part time lecturer
Department of Nursing, Engineering and Health Sciences
- 2010:** Mt. Kenya University – Thika
Physical Health Education
Part-time lecturer
Department of Education
- 2008-2011:** SCLP Samaj School and Samaj Australian University
Head of Department
Department of Physical Education and Sports
- 2004:** Teaching Practice
Njenga Karume Secondary School - Molo

CONFERENCE ATTENDED AND PARTICIPATED

2016: 2nd International Conference on physical Activity & Sports for Health & Development in Africa
Kenyatta University

2015: Departmental Curriculum Workshop
Kenyatta University Conference Center

2007: Kenyan Draft Policy on Ageing and Physical Activity
Panafric Hotel

2006: Association for Health, Physical Education, Recreation, Sport and Dance (AFAHPER-SD)
Kenyatta University Grounds

DAAD
Football Symposium
Kenyatta University Grounds

PUBLICATIONS: Githang'a, Juliah W; Wamukoya, Edwin K; Onywera, Vincent O., Volume 1 No. 2. January 2013 issue page 43-49, ISSN 2070-917X:
Metabolic Equivalents (METs) of the Physical Activity patterns of the elderly Kenyans in homes for the aged in Nairobi province.

COURSES FACILITATED:

Smart Board Training
eInstruction for lecturers
Kenyatta University, 2014

Basic Fitness Instructor's Aerobics Course held at Kenyatta University August and December, 2013

Advanced Fitness Instructor's Aerobics Course held at Kenyatta University April, 2014

LEADERSHIP AND RESPONSIBILITIES

2018: School's Curriculum Committee member
Departmental Regular Programme Coordinator
Departmental Curriculum Review Coordinator
Undergraduate Class Advisor
Department of Physical and Health Education
Kenyatta University

2013 – 2017: Institutional Based Programme Coordinator
E-Learning Programs Facilitator
IBP Undergraduate Advisor
Department of Physical and Health Education
Kenyatta University

- 2009:** Head of Department
Sports Science
SCLP Samaj School and University
- 2003-2004:** Kenyatta University Christian Union
Secretary
NUSETA Evangelistic Team
- 1996-1999:** Kambala Secondary School
School Prefect
Debating Club Member
Science Club Member

HOBBIES:

I enjoy playing lawn tennis, swimming and doing community service. I am also a part-time caregiver at Mji Wa Wazee.

REFEREES:

- 1. Prof. Peter Wanderi**
Senior Lecturer
Director of Research, Innovation and Incubation
Mount Kenya University
P. O Box 01000
Nairobi
- 2. Dr. Jane Wairimu Mwangi**
Physical and Health Education Department
Kenyatta University
P. O Box 43844-00100
Nairobi
- 3. Dr. George Kinuthia**
Lecturer
Science and Engineering Department
Daystar University
P.O.Box 17-90145
Nairobi

Dr. Juliah Githang'a Passport Photo

