

BACHELOR OF EDUCATION (PHYSICAL EDUCATION) PROGRAMME.

3. ENTRY REQUIREMENTS

Candidates must satisfy the minimum entry requirement for Kenyatta University and the School of Education of an aggregate of C Plus (C+) in Kenya Certificate of Secondary Education (KCSE) or its equivalent.

OR

(2) Candidates with a Diploma in Education with Physical Education as a teaching subject from a recognised and accredited institution may be considered.

(3) In addition to either one of the above, a candidate must have done biology or biological sciences with a grade of C+ and above at the level of Kenya Certificate of Secondary Education (KCSE) or its equivalent from a recognized institution.

Requirements for Award of a Degree

A student shall have successfully completed a minimum of **51 units** and teaching practice to be awarded a degree.

LEVEL 100

CORE

- HPE 101: Hockey, Netball, Soccer (Practical)
- HPE 103: Basketball, Handball, Volleyball (Practical)
- HPE 108: Foundations of Physical Education
- HPE 109: Human Anatomy and Physical Activity

LEVEL 200

CORE

- HPE 203: Athletics II, Rounders and Swimming II (Practical)
- HPE 208: Sports Pedagogy and Management (Practical)
- HPE 209: Functional Human Physiology (Revised title)
- HPE 210: Athletics I, Rugby and Swimming I (Practical)

LEVEL 300

CORE

- HPE 300: Outdoor Education and First Aid (Practical)
- HPE 301: Aerobics, Dance and Gymnastics (Practical)
- HPE 310: Badminton, Squash and Tennis (Practical)
- HPE 311: Motor Development and Learning

ELECTIVES

- HCU 300: Introduction to Research Methods
- HCU 301: Introductory Statistics
- HES 304: Nutrition and Sport Performance
- HPE 312: Physical Activity and Health
- HPE 313: Sports Equipment and Facilities
- HPE 314: Legal Issues in Physical Education and Sports
- HPE 315: Comparative Physical Education and Sports

LEVEL 400

CORE

HPE 401: Skill Specialisation I (Two sports from two different categories) (Practical)

HPE 402: Exercise Physiology

HPE 403: Skill Specialisation II (Two sports from two categories different from HPE 401) (Practical)

HPE 410: Physical Fitness and Principles of Training (Revised title)

ELECTIVES

HPE 409: Prevention and Management of Sports Injuries

HPE 413: Tests and Measurements in Physical Activity

HPE 411: Adapted Physical Activity and Sports

HPE 412: Curriculum Development in Physical Education

HPE 414: Biomechanics

HPE 415: Olympics Movement Education (**Revised title**)