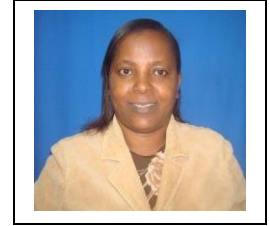


## CURRICULUM VITAE



### 1.1 PERSONAL PROFILE

#### 1.1.1 Personal Details:

**NAME:** EUNICE WAMBUI NJOGU  
**DEPARTMENT:** FOOD, NUTRITION AND DIETETICS  
**DESIGNATION:** LECTURER

**AREA OF SPECIALIZATION:** COMMUNITY NUTRITION

**RESEARCH INTERESTS:** Food and Nutrition Security and Health, Maternal and Child Nutrition

**Google Scholar:**

**<https://scholar.google.com/citations?user=zVhzmdcAAAAJ>**

**Research gate:** <https://www.researchgate.net/profile/Eunice-Njogu>

**ORCID ID:** Eunice Njogu (0000-0002-0704-1679) - ORCID

#### 1.1.2 Academic & Professional Qualification

**POST GRADUATE:** Degree of Doctor of Philosophy (PhD) Food, Nutrition and Dietetics, Kenyatta University (2003-2009).  
Area of interest: Urban food and nutrition security as it relates to urban agriculture.

**POST GRADUATE:** Masters of Science (MSc) Degree in Food Nutrition Dietetics, Kenyatta University (1999-2002).  
Area of interest: Food Security and Community Nutrition.

**UNDER GRADUATE:** Bachelors of Education (B.Ed) in Home Economics  
(Second Class Honors, Upper Division).  
Kenyatta University (1994-1998)

**SECONDARY:** Ngirambu Girls Secondary School 1989-1992.  
Qualified for Kenya Certificate of Secondary Education.

### **1.1.2 SHORT COURSE/PROFESSIONAL TRAINING**

- **Visiting Scholar:** At African Population and Health Research Center (APHRC) 1<sup>st</sup> September 2018 to 30<sup>th</sup> June 2019- attached to right to food project
- **Kenya Institute of Curriculum Development (KICD) Training and development of New Curriculum Competencies Based Curriculum (CBC)**
  - Finalizing CBC Curriculum designs 6<sup>th</sup> -11<sup>th</sup> Dec 2021(Health Education for Grades 8, 9)
  - Finalizing CBC Curriculum designs 4<sup>th</sup> -8<sup>th</sup> Oct 2021(Health Education for Grades 8, 9)
  - Finalizing CBC Curriculum designs 6<sup>th</sup> -11<sup>th</sup> June 2021(Health Education for Grades 7, 8, 9)
  - Editing CBC Curriculum designs 22<sup>nd</sup> -27<sup>th</sup> March 2021 and 6<sup>th</sup> April to 16<sup>th</sup> April (Health Education for Grades 7, 8, 9)
  - (CBC) Scope and sequencing 9<sup>th</sup> -18<sup>th</sup> Sept 2020 (Foods and Nutrition Grades 10, 11, 12)
  - Training on CBC Curriculum designs 2<sup>nd</sup> Dec- 14<sup>th</sup> Dec 2019 (Health Education for Grades 7, 8, 9)
  - Training on (CBC) Scope and sequencing 18<sup>th</sup> August- 2<sup>nd</sup> Sept 2019 (Health Education for Grades 7, 8, 9)
  - Training on CBC 5<sup>th</sup>- 9<sup>th</sup> August 2019-Citizenship in CBC
  - Training on CBC 10<sup>th</sup>-14<sup>th</sup> June 2019 (Health Education for Grades 7, 8, 9)
  - Training on CBC 15<sup>th</sup>-19<sup>th</sup> April 2019-Teacher training for CBC
- Systematic Review and Meta-Analysis Training Workshop 21<sup>st</sup> -25<sup>th</sup> January 2019 (**by APHRC**)
- Training on Capacity Building Workshop on Visual Participatory Public Engagement Methodologies, 17<sup>th</sup> to 20<sup>th</sup> July 2018 (**by APHRC**)
- Awareness Training On ISO 27001, Information Security Management Systems (Isms) 8<sup>th</sup> June 2018 by KU

- Final workshop at KU-EDULINK programme (eLEFANS Project) 2<sup>nd</sup> December 2016 –Implementation and sustainability measures
- Training on turnitin anti-plagiarism software 3rd Nov 2016 KU library
- Training on Intellectual Property Rights October 2016-KU
- Training on ISO new standards September 2016
- Induction and training workshop (KNDI professional exams 12<sup>th</sup> May 2016)
- Training on e-resources by KU library May 2015
- Training on setting exams April 2015 by KU
- Training on teaching methodologies 2014
- Training on performance contracting 10<sup>th</sup> Dec 2012 at Kenyatta University
- Training on Open Access and Institutional Repository (IR) by Kenyatta University and GrandIR (Spain) 29<sup>th</sup> -30<sup>th</sup> August 2012
- Training on the new student management system (CAMPUSVUE) 17<sup>th</sup> July 2012 at Kenyatta University as an Exams coordinator
- E-resources training course by Kenyatta University, TEEAL-MANN Library Cornell University and ITOCA 7<sup>th</sup> -8<sup>th</sup> September 2011.
- Training on Nutrition in emergencies by FSNAU 3<sup>rd</sup> – 6<sup>th</sup> May 2011.
- Course in Food and Nutrition surveillance in emergency response. Jointly conducted by Kenyatta and Nairobi Universities (ANP). 14<sup>th</sup> –25<sup>th</sup> June 2004.

## **OTHER SKILLS**

Computer literate in MS office and data management including Ms Dos, Windows, Ms Word, Excel, Access, Power Point, SPSS, EpiInfo , ENA for SMART and Nutrisurvey

**LANGUAGES:** English, Kiswahili and Kikuyu Fluent in spoken and written

### 1.1.3 EMPLOYMENT HISTORY

**Present:** Lecturer at Kenyatta University Department of Food, Nutrition and Dietetics 2009- date

#### Responsibilities:

- Training and supervising both undergraduate and post graduate students
- Training Home science teachers (School of Education) in nutrition courses

#### Previously:

- Part time teaching 2005-2007 Kenyatta University, Egerton University and Moi University-Chepkoilel Campus; now University of Eldoret
- Teaching Home Science (Kiriani-ini Girls-Murang'a 1998, Gathirimu Girls Kiambu 2002 and at St. Georges Girls Nairobi 2003)

## 1.2 RESEARCH PUBLICATIONS

### 1.2.1 Refereed journal papers

- Sharon Jerop Koech , Jackim Nyamari , **Eunice Njogu** (2021). Compliance To Hand Hygiene Standards Amongst Health Care Providers In Selected Public Hospitals In Uasin Gishu County, Kenya  
DOI: 10.29322/IJSRP.11.10.2021.p11823  
<http://dx.doi.org/10.29322/IJSRP.11.10.2021.p11823>  
International Journal of Scientific and Research Publications, Volume 11, Issue 10, October 2021 208 ISSN 2250-3153 This publication is licensed under Creative Commons Attribution CC BY.  
<http://dx.doi.org/10.29322/IJSRP.11.10.2021.p11823> [www.ijsrp.org](http://www.ijsrp.org)
- MURO, Maximillah Bitutu; **NJOGU, Eunice**; ORINDA, George (2020). Caregivers' Level of Knowledge on Indoor Air Pollution and Acute Respiratory Infections among Under-Fives in Informal Settlement: Makadara, Nairobi County. **Journal of Health, Medicine and Nursing**, [S.I.], v. 5, n. 3, p. 1 - 23, aug. 2020. ISSN 2520-4025. Available at: <<https://www.iprjb.org/journals/index.php/JHMN/article/view/1106>>.
- Hussein SAMIRA, **Eunice NJOGU**, Drusilla MAKWORO (2020). Level of Knowledge and Utilization of Fortified Maize Flour by Primary Food Shoppers in Mathare, Nairobi County, Kenya. *Korean Journal of Food & Health Convergence* 6(2), pp. 1-8. ISSN: 2586-7342 © 2020 KFHCA.

<https://www.koreascience.or.kr/article/JAKO202014254299725.page>

- Nkingo Christine Kananu, Judith Waudu, **Eunice Njogu** (2020). Vitamin A Rich Foods Consumed For Dietary Intake and Supplementation Among Children Aged 12 To 59 Months in Gatunga Ward, Tharaka Nithi County, Kenya, *Central African Journal of Public Health*. Vol. 6, No. 2, 2020, pp. 73-79. doi: 10.11648/j.cajph.20200602.  
<http://www.sciencepublishinggroup.com/journal/paperinfo?journalid=326&doi=10.11648/j.cajph.20200602.14>
- Gikwa JN, Kimiywe J, **Njogu E.** (2019) Prevalence of Dietary Supplements use and Dietary Practices among Teachers in Public Secondary Schools in Kikuyu, Kiambu County, Kenya: A Cross Sectional Analytic Study. *J Nutri Food Sci Forecast*. 2019; 2(3): 1013.ISSN 2643-8186 <https://scienceforecastoa.com/Articles/JNFSF-V2-E3-1013.pdf>
- Kiome MR, Kimiywe J and **Njogu EW** (2019). Does Child Spacing Influence Nutritional Status of Children 6-59 Months? *Journal of Pediatric and Womens Healthcare: ScienceForecast Publications LLC.*, | <https://scienceforecastoa.com/Articles/JPWH-V2-E2-1019.pdf>
- Akinrinmade R., **Njogu, E.** and Ogada, I., Oluremi O. Keshinro (2019). Effectiveness of Nutrition Education in Improving Maternal Knowledge and Attitudes towards Complementary Feeding Practices: A cluster-randomized controlled trial in Ondo State, Nigeria  
<https://www.koreascience.or.kr/article/JAKO201914254299983.page>
- Mwangi J, **Njogu E**, Kiplamai F. (2019). Physical Activity and Dietary Patterns in Relation to Weight Status among University Students in Nairobi County, Kenya. *International Journal of Health Sciences & Research* [www.ijhsr.org](http://www.ijhsr.org) Int J Health Sci Res. 2019; 9(8):411-418.
- Gikwa J.N, **Njogu E**, and Kimiywe J. (2019). Use of dietary supplements among teachers in public secondary schools in Kikuyu, Kiambu county, Kenya: a cross sectional analytical study. *Int J HealthSci Res*. 2019; 9(9):146-153.  
[https://www.ijhsr.org/IJHSR\\_Vol.9\\_Issue.9\\_Sep2019/22.pdf](https://www.ijhsr.org/IJHSR_Vol.9_Issue.9_Sep2019/22.pdf)
- Waweru G, Chege P, **Njogu E.** (2019). Pre-Conception Nutrition Knowledge and Attitudes among Female Undergraduate Students at Kenyatta University, Kenya. *International Journal of Health Sciences & Research* [www.ijhsr.org](http://www.ijhsr.org) 220 Vol.9; Issue: 7; July 2019

- Akinrinmade R., **Njogu, E.** and Ogada, I. (2019). Effectiveness of Nutrition Education on Nutrient intake and Nutrition Status of infants in Ondo State, Nigeria. American Journal of Biomedical Science & Research ISSN: 2642-1747.  
<https://biomedgrid.com/fulltext/volume3/effectiveness-of-nutrition-education-on-nutrient-intake-and-nutrition-status-of-infants-in-ondo-state-nigeria.000642.php>
- Kenneth Kipngeno Tonui, **Eunice Njogu** & Agatha Christine Onyango (2018). Dietary intake of HIV-seropositive clients attending Longisa County Hospital Comprehensive Care Clinic, Bomet County, Kenya South African Journal of Clinical Nutrition  
<https://doi.org/10.1080/16070658.2018.1549349>
- Agnes Mwendia, Peter Chege and **Eunice Njogu**, (2017).Dietary practices and nutrition status of adult pulmonary tuberculosis patients attending Nyeri County Referral Hospital, Kenya  
<http://scholarsbulletin.com/wp-content/uploads/2017/11/SB-311585-594.pdf>
- O.J. Lateef, **E. Njogu**, F. Kiplamai, U.S. Haruna and R.A. Lawal, 2016. Determinants of Overweight and Obesity among Adolescent Students in Public in Kwara State, Nigeria.Current Research in Nutrition and Food Science volume 4, number 2 [www.foodandnutritionjournal.org](http://www.foodandnutritionjournal.org)  
<http://www.foodandnutritionjournal.org/volume4number2/determinants-of-overweight-and-obesity-among-adolescent-students-in-public-secondary-schools-in-kwara-state-nigeria/>
- O.J. Lateef, **E. Njogu**, F. Kiplamai, U.S. Haruna and R.A. Lawal, 2016. Breakfast, Food Consumption Pattern and Nutritional Status of Students in Public Secondary Schools in Kwara State, Nigeria. Pakistan, Journal of Nutrition, 15: 140-147. DOI: [10.3923/pjn.2016.140.147](https://scialert.net/abstract/?doi=pjn.2016.140.147)  
<https://scialert.net/abstract/?doi=pjn.2016.140.147>
- **Eunice Njogu**, 2009, Household food Security Among Urban Farmers in Nairobi-Kenya (A chapter), Agriculture in Urban Planning: Generating Livelihoods and Food security, ISBN 978-1-84407-668-0, [www.idrc.ca](http://www.idrc.ca)

### 1.2.2 Other publications

- (2021) <https://www.standardmedia.co.ke/author/peterson-warutere-and-eunice-njogu> Disregard coronavirus jab conspiracy theories
- **Eunice Njogu** (2020) <https://theconversation.com/millions-of-kenyans->

[go-hungry-every-day-why-and-what-can-be-done-131782](#)

- **Njogu E.W (2016) Food and nutrition security e-learning course-** for EDULINK programme (eLEFANS Project)

### 1.3 QUALITY TEACHING

#### Postgraduate Supervision

-I have successfully supervised twenty eight (28) postgraduate students (27 Masters and 1PhD)

1. Hussein Samira Nassir Q57/CTY/PT/24402/2013) (MPH) Defended thesis successfully- Awaiting graduation
2. Florence Wangui H60/CTY/PT/24925/2011(MSc-FND) Graduated Dec 2021
3. Maximillah Bitutu Muro Q57/CTY/PT/29002/2015(MPH) Graduated Dec 2021
4. James Mwangi Kariuki Q57/20584/2012(MPH) Graduated July 2021
5. Elizabeth Musonda H60F/30635/2015 (MSc-FND) Graduated Dec 2020
6. Peris Wanjiku Mwangi Q57/27406/2014 (MPH) Graduated Dec 2020
7. Grace Wairimu Waweru (MSc-FND) H60/CTY/PT/26953/2013 Graduated Dec 2019
8. Martin Ruru Kiome (MSc-FND) H60/CTY/PT/25460/2011 Graduated Dec 2019
9. Phoebe Mwangangi (MSc-FND) H60/CE/26447/2011 Graduated July 2019

10. Akinrinmade Remilekun (PhD-FND) H87F/28546/2014 Graduated July 2019
11. Judith Lukoye (MSc-FND) H60/21269/2012 Graduated July 2019
12. Jane Gikwa (MSc-FND) H60/CE/24089/2012 Graduated July 2019
13. Terry Mugambi (MSc-FND) H60/26955/2013 Graduated July 2019
14. Halima Hillow (MPH) Q57/CTY/PT/24189/2013 Graduated Dec 2018
15. Tabither Kilovoo (MSc-CRM) H60/CE/22639/2010 Graduated Dec 2018
16. Christine Nkingo (MPH) P57/PT/13551/2009 Graduated Dec 2018
17. Agnes Mwendia (MSc-FND) H60/CE/25205/2011 Graduated Aug 2018
18. Irene Mugure Mugo (MPH) Q57/23711/2011 Graduated Aug 2018
19. Eva Kahuro (MSc-FND) H60/CTY/PT/21270/2012 Graduated Aug 2018
20. Kenneth Tonui (MSc-FND) H60/CE/23718/2013 Graduated Aug 2018
21. Joan Kamau (MPH) I57/6553/2003 Graduated Dec 2017
22. Brendah Ndiema (MSc-FND) H60/24086/2012 Graduated Aug 2017
23. Lateef Owolabi (MSc-FND) H60F/24362/2011 Graduated July 2016
24. Farhia Abdiaziz (MPH) Q57F/CTY/PT/20607/12 Graduated Dec 2015
25. Kieti Immaculate (MSc-FND) H60/CE/14010/2009 Graduated July 2015
26. Consolate Awuor (MPH) P57/PT/13600/09 Graduated Dec 2014
27. Lisbeth Kageni (MPH) I57/12680/2005 Graduated Dec 2013
28. Kasimba Salome (MSc-FND) H60/12695/2009 Graduated July 2013

**-Currently supervising:**

Two PhD students (1) PhD student in Food, Nutrition and Dietetics and (1) in Public Health



Ten (10) students pursuing Master of Public Health (MPH)

Twenty (10) students pursuing Master of Science in Food, Nutrition and Dietetics

#### **1.4 PROFESSIONAL CONSULTING**

##### **Membership of professional bodies**

-Kenya Nutritionists and Dieticians Institute (KNDI) Registration No:

G/1139/013

##### **Consulting for external organizations**

- (2019- 2021) Kenya Institute of Curriculum Development (**KICD**) in development of New Curriculum -**Competencies Based Curriculum (CBC)**
- Jan 2014 to Dec 2016-Author for e-learning course **Food and nutrition security-** for EDULINK programme (eLEFANS Project)
- (2012 May) SMART Nutrition and Health survey done in Pochalla County Jonglei State South Sudan. Survey by Christian Recovery And Development Agency CRADA
- (2011 November) Anthropometric and mortality survey done in Mandera County (Mandera North and East districts) Kenya. Survey done by Islamic relief in collaboration with Ministry of Health of Health and ARIDLANDS
- (2010 January to December) Worked with National AIDS/STDs Control Programme (NASCOP)-Kenya, to offer technical support to develop implementation protocol for the Suba Nutrition pilot and to monitor implementation as well as to document the process.  
-Carried out a Baseline survey and submitted the report to NASCOP.
- August to September 2010- supervisor in National Urban Food Security Assessment survey by Government of Kenya and World Food Programme (Nairobi and Machakos Kenya).  
Duties- training team members, coordinating teams in data collection and entry.
- 2008-training on Income Generation Activities and good nutrition to poor urban dwellers in Kasarani in collaboration with Small Enterprise Facilitation Initiative (SEFI).

- 2007-Training on Income Generation Activities and good nutrition to poor urban dwellers and people living with HIV/AIDS in Kasarani-Nairobi in collaboration with World Vision-Kenya
- 2003- Participated in a National survey by UNICEF and Kenyatta University Department of Food, Nutrition and Dietetics on suitable food vehicle for Vitamin A and Iron.

## **1.5 ADMINISTRATION AND RESPONSIBILITIES:**

### **1.5.1 Administrative Positions**

- Postgraduate coordinator from January 2017 to Sept 2018- Department of Food, Nutrition and Dietetics
- Acting School Exam Coordinator (SAHS) 27<sup>th</sup> Sept 2017- 25<sup>th</sup> Dec 2017
- Acting Chairperson Department of Food, Nutrition and Dietetics 5<sup>th</sup> June 2017 -9<sup>th</sup> June 2017
- Acting Chairperson Department of Food, Nutrition and Dietetics 30<sup>th</sup> Jan 2017 -3<sup>rd</sup> Feb 2017
- Acting Chairperson Department of Food, Nutrition and Dietetics 28<sup>th</sup> Nov 2016 -21<sup>st</sup> Dec 2016
- Acting Chairperson Department of Food, Nutrition and Dietetics October 2016
- Acting Chairperson Department of Food, Nutrition and Dietetics 31<sup>st</sup> Dec 2015-14<sup>th</sup> Jan 2016
- Acting Chairperson Department of Food, Nutrition and Dietetics August 2014
- Exam coordinator -Department of Food, Nutrition and Dietetics from October 2011-October 2013.
- Acting Chairperson Department of Food, Nutrition and Dietetics 17<sup>th</sup> July- 2<sup>nd</sup> Sept 2012.
- Acting Chairperson Department of Food, Nutrition and Dietetics 25<sup>th</sup> July- 5<sup>th</sup> October 2011.

### **1.5.2 Other responsibilities**

- Chair, departmental curriculum committee from October 2020 to date
- Class advisor 3<sup>rd</sup> years B.Sc. FND Sept 2019 intake- 2019 to date
- Chair, credit waivers committee from 2019 to date
- Class advisor Postgraduate students (2013 to 2018)

- Representative in Intellectual Property Rights for the department (2016-2018)
- Member School marketing and exhibition committee (2013-2018) – involved in careers week and update of brochure for reviewed curriculums
- Member of departmental curriculum committee- (2013 to 2018-involved in development of the new KNDI curriculum, Development of PhD coursework and review of PGD and MSc programmes
- Member departmental marks verification committee (2013 to 2018)
- Chair, school library committee-2010 to 2016 (was involved in acquisition of computers and improving internet connectivity in the school resource room

### **1.5.3 Membership in Boards**

- Member Kenyatta University Catering Services Board from April 2018 to date
- Member BOM Gathambi Girls Secondary School, Kirinyaga County April 2019 to date

### **1.6 Community project/ service**

- Member of Growing Together Group-at Kahawa Sukari/Mwihoko-Nairobi
- Currently actively involved in promoting small-scale gardening in the households around Nairobi to improve household food security
- Implemented a community project in Kamae area Kasarani-Nairobi on organic farming in relation to Food and nutrition security and health. Sponsored by IDRC Canada in fulfillment for my PhD Degree (2005-2007).
- Organized and conducted a workshop with stakeholders in Kasarani after implementation and evaluation of the community project (2007).

### **1.7 REFEREES:**

Prof. Elizabeth Kuria  
 Department of Food, Nutrition and Dietetics.  
 Kenyatta University.

Box 43844  
Nairobi, 00100  
Kenya

Prof. Judith Waudu  
Department of Food, Nutrition and Dietetics.  
Kenyatta University.  
Box 43844  
Nairobi, 00100  
Kenya